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**MEDIA RELEASE**

July 18, 2017

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**Women's Health Specialists Hosts Giveaway in Memory of Feminist Pioneer Dido Hasper**

On Monday, July 31<sup>th</sup>, 2017, Women's Health Specialists is giving away speculum kits to clients in honor of activist, founder and visionary Dido Hasper. Continuing her vision of women taking control of their bodies, WHS is giving away kits at two of their clinic sites in Chico and Redding. WHS clinics offer birth control, abortion, adoption, STI and cancer screenings and GYN care with an emphasis on sharing information, self-help, and empowerment.

Executive Director Katrina Cantrell has carried forward the vision, operating WHS clinics in Chico, Redding and Grass Valley, based on a self-help, empowerment clinic model.

"We are basically very much the same as when we started. Our roots are very deep in our philosophy. Our mission has never changed and I think the fact that we do really work towards self-determination for all women is something that is authentic to who we are."

Dido Hasper was a pioneer in the women's movement. In 1975, Hasper and a group of Chico women opened a woman-controlled clinic, founded as the Chico Feminist Women's Health Center. To this day, the mission remains the same: helping women help themselves.

A speculum kit contains a vaginal speculum, mirror and instructions on how to do cervical self-exam, and will be offered to every woman who comes in to our Chico and Redding clinics on July 31<sup>st</sup>. Kits are available in Spanish and English. [www.cawhs.org](http://www.cawhs.org)

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